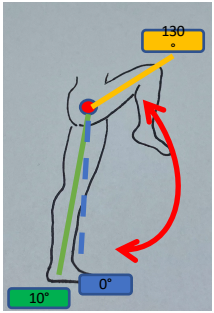


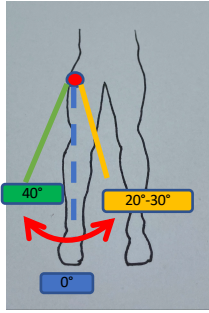
Übersicht Neutral-Null-Methode

Hüfte

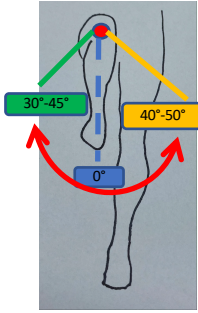
Schulter



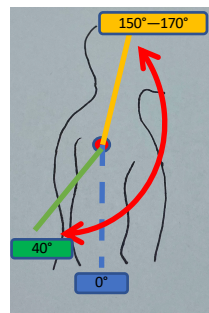
Extension/Flexion
10° / 0° / 130°



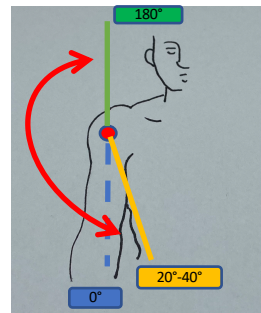
Abduktion/Adduktion
40° / 0° / 20-30°



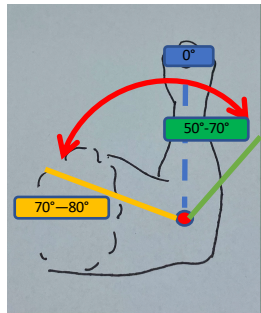
Außen-/Innenrotation
30-45° / 0° / 40-50°



Extension/Flexion
40° / 0° / 170°



Abduktion/Adduktion
180° / 0° / 20-40°

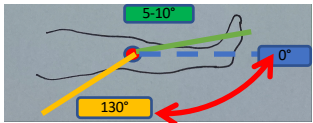


Außen-/Innenrotation
50-70° / 0° / 70-80°

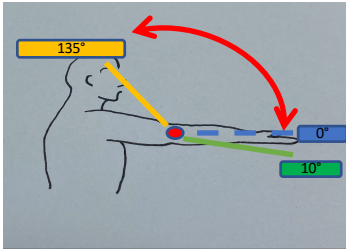
Bewegung vom Körper weg / 0 Stellung / Bewegung zum Körper hin

Knie

Ellbogen



Extension/Flexion
10° / 0° / 130°



Extension/Flexion
10° / 0° / 135°